

AR Cheat Sheet DEPARTURE TO AR 1					
L.O. ALT		TO FUEL		FCST TD	
<b>Enroute</b>					
TAKEOFF GROSS WEIGHT			ENDURANCE		
NO.	ITEM	TIME	FUEL	GROSS WEIGHT	
1	ENROUTE TO ARCP 1	PAGE			
2	RESERVE				
3	(1 + 2) <b>To ARCP 1</b> ENROUTE + RESERVE				
4	AIR DIST <b>At divert altitude</b> RECOVERY <b>don't use alternate chart</b>				
5	HOLDING AT <b>Normal holding</b>				
6	DESCENT APP AND LANDING		<b>4.5</b>		
7	(3 + 4 + 5 + 6) SUB TOTAL				
8	IDENT EXTRA				
9	(7 + 8) TOTAL TAKEOFF				
10	TAXI		<b>2.0</b>		
11	(9 + 10) REQUIRED RAMP				
12	ACTUAL RAMP				
13	(12 - 11) STORED FUEL <b>Not extra!</b>				
14	(4 + 5 + 6) REQUIRED AT ARCP				
15	MAX FORMALT	REF ALT	AVG (3 & CFP)		
	<b>Use temp dev @ exit</b>			<b>Block 3 + Blk 20 div by 2</b>	
	MIN	PPM	FUEL	From chart on back of this form	
	ITEM		FUEL ON BOARD	GROSS WEIGHT	
16	TAKEOFF				
17	(3 + 8 + 15) BURNOFF TO EXIT 1				
18	(16 - 17) AT EXIT W/O TRANSFER				
19	PLANNED TRANSFER				
20	(18 + 19) AFTER TRANSFER			PLANNED/ ACT	

AR 1 EXIT TO AR 2 (When Applicable)					
NO.	EXIT GWT	CHG IN FL	CLIMB FUEL	L.O. FUEL	L.O. TEMP DEV
21	<b>Block 20</b>		$\Delta$ <b>1.5</b>		<b>L.O.</b>
	HIGH ACC FLT LVL	LVL OFF ALT	LVL OFF GWT	TEMP DEV	ENDURANCE
				<b>Enroute</b>	<b>+18</b>
	ITEM	TIME	FUEL	GROSS WEIGHT	
22	ENROUTE TO ARCP 2	PAGE			
23	RESERVE				
24	(22 + 23) ENROUTE + RESERVE		<b>-18</b>		
25	$\Delta$ CLIMB FUEL		<b>1.5</b>		
26	AIR DIST <b>At divert altitude</b> RECOVERY <b>don't use alternate chart</b>				
27	HOLDING AT <b>Normal holding</b>				
28	DESCENT / APP AND LANDING		<b>4.5</b>		
29	(24 + 25 + 26 + 27 + 28) SUB TOTAL				
30	IDENT EXTRA				
31	(29 + 30) REQUIRED AT EXIT				
32	(20) PLANNED AT EXIT				
33	ACTUAL AT EXIT				
34	(32 - 31) STORED FUEL <b>Not extra!</b>				
35	(26 + 27 + 28) REQUIRED AT ARCP 2				
36	MAX FORMALT	REF ALT	AVG (24 & CFP)		
	<b>Use temp dev @ exit</b>			<b>Block 24 + Blk 41 div by 2</b>	
	MIN	PPM	FUEL	From chart on back of this form	
	ITEM		FUEL ON BOARD	GROSS WEIGHT	
37	AFTER TRANSFER 1			<b>Copy from line 20</b>	
38	(24 + 25 + 30 + 36) BURNOFF TO EXIT 2				
39	(37 - 38) AT EXIT W/O TRANSFER				
40	PLANNED TRANSFER				
41	(39 + 40) AFTER TRANSFER 2			PLANNED/ ACT	

AR EXIT TO DESTINATION					
NO.	EXIT GWT	CHG IN FL	CLIMB FUEL	L.O. FUEL	L.O. TEMP DEV
42	<b>Blk 20 or 41</b>		$\Delta$ <b>1.5</b>		<b>L.O.</b>
	HIGH ACC FLT LVL	LVL OFF ALT	LVL OFF GWT	TEMP DEV	ENDURANCE
				<b>Enroute</b>	<b>+18</b>
	ITEM	TIME	FUEL	GROSS WEIGHT	
43	ENROUTE TO OH / BDP	PAGE			
44	RESERVE				
45	(43 + 44) ENROUTE TO OH / BDP + RESERVE		<b>-18</b>		
46	$\Delta$ CLIMB FUEL		<b>1.5</b>		
47	AIR DIST <b>Use normal alternate chart</b>				
48	HOLDING AT <b>Normal holding</b>				
49	DESCENT / APP AND LANDING		<b>4.5</b>		
50	(45 + 46 + 47 + 48 + 49) SUB TOTAL				
51A	IDENT EXTRA				
51B	STORED FUEL				
52	(50 + 51A + 51B) REQUIRED AT EXIT				
53	(20 OR 41) PLANNED AT EXIT				
54	ACTUAL AT EXIT				
55	(53 - 52) UNIDENTIFIED EXTRA				
56	(47 + 48 + 49) REQUIRED AT DEST				
57	(45 + 46 + 49 + 51A) BURNOFF TO DEST				
58	(53 - 57) LANDING FUEL				
NAME			DATE	OPERATING WEIGHT	
AIRCRAFT NUMBER			MISSION NUMBER	CARGO/PASSENGER WT	
CPF NO. AND PROFILE			TIME WINDS VALID	RAMP FUEL	
DEPARTURE			DESTINATION	RAMP WEIGHT	
L.O. TEMP DEV		HIGHEST ACC FLT LVL	TAKEOFF FUEL	TAKEOFF WEIGHT	